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GLEE STAR REMEMBERED

FANS AND CELEBS MOURN AFTER CORY MONTEITH WAS FOUND DEAD IN A VANCOUVER HOTEL ROOM

PAGE 9

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Winnipeg's race contestants are Amazing, too

The Amazing Race Canada. Father-son duo to tackle tough challenge — made tougher by Parkinson's

GRAEME COLEMAN
winnipeg@metronews.ca

When the Amazing Race Canada premieres on TV Monday, it'll sport a pair of unlikely Winnipeg competitors.

Tim Hague Sr. and Tim Hague Jr. make up one of nine teams competing for the $250,000 prize.

"We are very proud to represent the city on a national stage. (Winnipeg just doesn't) get the credit we deserve," said Hague Sr., a 48-year-old registered nurse.

What makes the duo particularly compelling to watch is that Hague Sr. suffers from Parkinson's disease.

"A lot of the things that we've done now, he wasn't really supposed to do, so for him to be able to push through the days where he is just exhausted and immensely fatigued, that made me so proud of him," said Hague Jr.

"We're typically seen as having an old man's disease but there are tons of people diagnosed under the age of 50," added Hague Sr. "The big message that I want to get across is: Don't give up. Parkinson's can be pushed back. There's only one thing that science is showing likely has any real impact on that, and that's exercise."

Although he's not on any medications or limited to what he can do, the disease took a toll on him as he travelled across Canada.

"Fatigue was huge. I had to make myself sleep a lot. You would see me asleep on the plane, on the bus, in the corner from time to time."

Hague Sr. was originally urged to apply for the show with his wife, who's a huge fan of the U.S. version.

"She desperately wanted me and her to go on the show, but we have 15-year-old twins at home. She said she realistically couldn't do it," said Hague Sr.

He was then told to apply with his eldest son, a 23-year-old sales employee. The team will be posting content online throughout the season. They can be found on Facebook, Twitter and YouTube under the name "TimTime ARC."

The show has already been filmed but the Hagues aren't allowed to talk about the outcome. The show premieres tonight on CTV at 8 p.m.

Tim Hague Sr., left, and Tim Hague Jr. will be representing Winnipeg on The Amazing Race Canada.
CTV HANDOUT

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Vintage car collectors to get own licence plate, insurance

A decades-long quest for the lovers of classic cars came to a fruitful end on Friday, as MPI and the Manitoba government announced a new vintage licence plate and insurance plan aimed at them.

The Collector Vehicle Program, which is still subject to a Public Utilities Board review, takes into account the fact that these vehicles tend to be taken out only on special occasions and receive extraordinary care from their owners.

If approved, the program should be available either March 1 or sometime later next year.

Andrew Swan, the MLA responsible for MPI, said the new program is a direct result of conversations the government and MPI had with car collectors, who "obviously have tremendous pride in their vehicles."

MLA Andrew Swan, at back, attends Friday's unveiling of the vintage car collectors' plate with Bob Chubala, left, and Gary Glowa of the Manitoba Association of Automobile Clubs. BERNICE PONTANILLA/METRO

"Every Manitoban, whether they know a thing about cars or not, appreciates the vehicles and, as we learn more and more about them, appreciated the work that goes into refurbishing, maintaining, winning arguments with spouses (over the cars)," said Swan, which drew laughter at the legislature. BERNICE PONTANILLA/METRO

Spoils of crime. Police get $356K from seized criminal property fund

Organized crime's loss is a gain for Winnipeg police.

Manitoba Attorney General Andrew Swan said on Friday that city police are getting $356,000 from property seized from criminals.

"It's always a pleasure to be able to support our police," Swan said. "I can tell you it's even better when the funds to do so don't come from tax dollars, but from those people who carry out unlawful activities in the province of Manitoba, who have those funds of that property taken away."

The cash will be used to buy two cargo vans, surveillance equipment and an automated licence-plate reader. Police showed off a special machine for its diving unit, the Mesotech MS4000 sonar scanner, which was purchased with funds received through the criminal property forfeiture program.

The $77,000 sonar scanner that police bought with funds seized from criminals. BERNICE PONTANILLA/METRO

BERNICE PONTANILLA/METRO, WITH FILES FROM THE CANADIAN PRESS

Pipestone hit by violent storm

Likely a tornado. Village southwest of Brandon was recovering from heavy rains last month

SHANE GIBSON
shane.gibson@metronews.ca

The reeve of the RM of Pipestone is relieved no one was seriously injured after what Environment Canada says was likely a tornado tore through the municipality on Saturday night.

"It ripped the roofs off buildings, flipped a mobile (home), took a part of the hall and part of the rink — so it was pretty severe," Ross Tycoles said on Sunday morning from his home in Reston. "It was bad enough here, but Pipestone is the one that really got it."

Tycoles said the fast-moving storm — which dropped hailstones as big as golf balls as it moved into southwest Manitoba along Highway 2 from Saskatchewan at about 6 p.m. — levelled trees and knocked out power for some 200 people in the village of Pipestone, about 100 kilometres southwest of Brandon.

"There was lots of downed power lines," Tycoles said, noting that power remained out in Pipestone on Sunday morning. "They shut the power off in town until they can reassess the damage."

The only injuries reported were two people who cut their hands on broken glass, he said.

The storm couldn't have come at a worse time for the RM of Pipestone, which declared a state of emergency late last month after heavy rains brought more than six inches of water in about six hours to Reston.

Environment Canada meteorologist Mark Gerlyand said the storm moved over Pipestone within two hours before losing steam as it went eastward. While Gerlyand hasn't seen any photos verifying that a funnel cloud touched down, he said there was a report of a tornado from the village at about 7 p.m., and radar did show cyclone activity in the air at the time.

"Did it actually reach the ground? We haven't received any report, but it's highly possible that it was a tornado," he said on Sunday morning.

A rumoured tornado in Pipestone tore roofs off buildings, flipped a mobile home and wreaked other damage on Saturday night. @SNIPE_ALL_DAY/TWITTER

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Protesters angered by the acquittal held largely peaceful demonstrations in three California cities, but broke windows and started small fires in Oakland. ANDA CHU, BAY AREA NEWS GROUP/THE ASSOCIATED PRESS

Verdict brings no resolution to killing of Trayvon Martin

Not guilty. Trouble may be far from over for Zimmerman as civil suit, rights case loom

U.S. President Barack Obama urged Americans to respect the decision of jurors on Sunday following the acquittal of George Zimmerman in the death of unarmed teenager Trayvon Martin, a case that has bitterly divided the country since the boy was gunned down more than a year ago.

"I know this case has elicited strong passions," Obama said in a statement, in which he referred to the slaying of the black 17-year-old as a "tragedy."

"But we are a nation of laws, and a jury has spoken. I now ask every American to respect the call for calm reflection from two parents who lost their young son."

Zimmerman's legal problems, however, seemed far from over a day after a jury of six Florida women cleared him of manslaughter and second-degree murder charges — a verdict that stunned civil-rights groups and spurred largely peaceful protests in the streets in several U.S. cities.

The Justice Department said in a statement on Sunday that it's investigating Martin's death to determine whether federal prosecutors should file criminal civil-rights charges now that Zimmerman's been acquitted. The department launched a probe a year ago but stepped aside to allow Florida's prosecution to proceed.

Martin's parents are also considering a wrongful death civil suit against Zimmerman. Sixteen years ago, O.J. Simpson was ordered to pay $25 million US to Nicole Brown Simpson's family, despite his infamous acquittal in criminal court.

The verdict, many argued this weekend, proves the criminal-justice system is still inherently biased against black people, given that Martin, the unarmed victim, was successfully portrayed as the aggressor in the case.

THE ASSOCIATED PRESS

2012 killing

Martin was walking to his father's house in Sanford, Fla., when he was shot by Zimmerman, a neighbourhood watch volunteer.

- Zimmerman claimed he shot in self-defence.
- Many saw overt racism in Zimmerman's focus on a black boy in a hoodie in a gated community.

Ailing leader

Nelson Mandela may be sent home

Nelson Mandela may be discharged from hospital soon to recuperate at home, said a former president of South Africa.

The prediction was made by Thabo Mbeki as he gave a memorial lecture for the African National Congress on Saturday, the Eyewitness News radio service reported.

Mandela, 94, has been in hospital for more than five weeks for a recurring lung infection, sparking an outpouring of support.

THE ASSOCIATED PRESS

Grief held back

Lac-Mégantic priest struggles at the pulpit

The parish priest in a Quebec town gripped by tragedy said Sunday he struggled to find the words to comfort his flock.

Steve Lemay said he and his colleagues have tried to bring solace to Lac-Mégantic in the week since a train derailment killed an estimated 50 people and razed the town centre.

But he said some residents haven't even begun to grieve. With many questions still unanswered, the loss hasn't fully sunk in, he told reporters outside the Ste-Agnes Church.

"Normally, when we lose someone we love, we can see them, we can make contact," he said. "We don't have that here."

Two more bodies were pulled from the rubble on Sunday, bringing the official death toll to 35. Fifteen people still remained missing. THE CANADIAN PRESS

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Being open to new culture helps newcomer adapt

Finance professional Muhammad Adnan is busy adapting to life in Canada, by learning the culture and seeking practical advice from Scotiabank.

While newcomers face many challenges in a new country, Muhammad Adnan sees the positive side of his hard work over the past year, juggling day and night jobs. "I never had time to notice the snow since I went from my work to the bus stop to my next job," laughs the native of Faisalabad, Pakistan. "That's good, because it is very cold here."

Adnan has kept this upbeat attitude since he arrived in Saskatoon. Although his previous career was a risk officer in a commercial bank, Adnan quickly found work as a construction site supervisor. When the prairie winter halted building work, Adnan trained as a tax preparer at a tax return agency and later added a night shift at a pizza shop to pay the bills and support family back home.

"As an immigrant, we have to work hard," explains Adnan, who holds a Masters degree in finance. "Prepare your mind, because whatever you find, you just have to do."

But Adnan notes that his long hours of work and study helped him gain an understanding of Canadian culture, which is critical to finding a job in your own profession. "The main thing is to know the culture," he says, noting that he's made friends who are Canadians, Indians and Nepalese. "It's also good to go to immigrant associations since they help introduce you to the community."

For example, in his part-time job checking tax filer returns, he's learnt the importance of delivering good service to make customers feel comfortable. "Often clients come in worried or angry, but if you treat them in a friendly way and explain everything, you can make them more relaxed."

Adnan also observed this when he accompanied a classmate to open an account at Scotiabank's Commercial Banking and Main Branch in Saskatoon. They were pleasantly surprised that Sarah Rowe, Personal Banking Officer, took her time to patiently explain the banking options for newcomers. "She answered all our questions, and re-explained things until you got it, including how immigrants can get a credit card and mortgage."

Adnan was so impressed that he made another appointment with Sarah to open his own Scotiabank account through the ***Scotiabank StartRight***® Program[1]. The program includes a free day-to-day bank account for one year[2], a wide range of credit card options[3] and a number of other customized services and benefits.

"I had opened an account at another bank, but they just gave me a form to sign and that's it. They didn't explain how to build credit or get car financing[4]," recalls Adnan, who has since switched his account to Scotiabank.

While Adnan continues to look for work within his field, he's optimistic that his efforts will pay off. "Everyone has to start somewhere, but to get a good job or achieve your goals you've got to get to know the people and the culture. All your hard work will reward you if you think positive."

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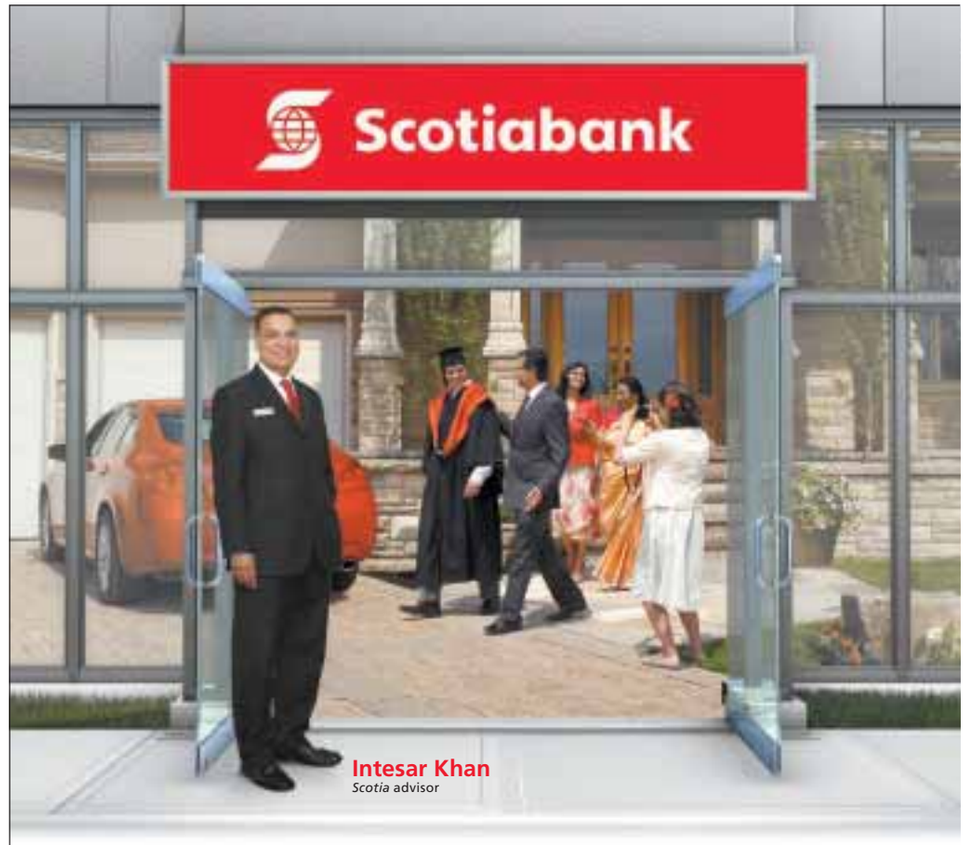

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Asiana. Payout may depend on nationality

When the courts have to figure compensation for people aboard Flight 214, the potential payouts will probably be vastly different for Americans and passengers from other countries, even if they were seated side by side as the Asiana jetliner crash-landed.

An international treaty governs compensation to passengers harmed by international air travel . The pact is likely to close U.S. courts to many foreigners and force them to pursue their claims in Asia and elsewhere, where lawsuits are rarer, harder to win and offer smaller payouts.

The flight that broke apart Saturday at the San Francisco airport was carrying 141 Chinese, 77 South Koreans, 64 Americans, three Canadians, three Indians, one Japanese, one Vietnamese and one person from France when it approached the runway too low and too slow.

THE ASSOCIATED PRESS

Agriculture. Robots could (re)revolutionize industry

On a windy morning in California's Salinas Valley, a tractor pulled a refrigerator-sized contraption over rows of budding iceberg lettuce plants. Engineers from Silicon Valley tinkered with software on a laptop to ensure the machine was eliminating the right buds.

Hired by a agricultural produce company, the engineers were testing the Lettuce Bot, a machine that can "thin" a field of lettuce in the time it takes about 20 workers to do the job by hand. It is part of a new generation of machines that target the last frontier of agricultural mechanization: Fruits and vegetables destined for the fresh market, which have thus far resisted mechanization because they're sensitive to bruising.

In this region known as America's Salad Bowl, the machines could prove revolutionary. Though they cost millions, farmers say the robots are worth it: They could provide relief from recent labour shortages, lessen the unknowns of immigration reform, and even reduce costs, increase quality and yield a more consistent product. THE ASSOCIATED PRESS

Matthew Rossow tests the Lettuce Bot in Salinas, Calif.
MARCIO JOSE SANCHEZ/THE ASSOCIATED PRESS

New bones about it: Floods fuel fossil finds

Cody Van Megen's dog Moose examines one of many large bones found along the banks of the Bow River, heavily eroded by recent flooding, in Calgary on Friday. While Van Megen was bracing for devastation, he didn't expect to find a set of gigantic rib bones sticking out of the riverbank. Van Megen got in touch with Francois Therrien, a paleontologist at the Royal Tyrrell Museum in Drumheller, Alta. Therrien told him the discovery could be significant — potentially signalling an early bison fossil — and a team will examine in August. LARRY MACDOUGAL/THE CANADIAN PRESS

Rowling outed as 'new' writer

Chamber of secrets. Critics called mystery novel with a pen name a 'scintillating debut'

An ex-military man tries his hand at writing, publishes a debut detective novel, and wins critical acclaim. But here's the twist in the tale: The true identity of the author is none other than Harry Potter creator J.K. Rowling.

It's impressive literary wizardry by Rowling, who said she relished the freedom of writing The Cuckoo's Calling under her pseudonym, Robert Galbraith.

"I hoped to keep this secret a little longer," she said in a statement released by her publicist on Sunday. "It has been wonderful to publish without hype or expectation, and pure pleasure to get feedback from publishers and readers under a different name."

The Cuckoo's Calling, a story about a war veteran turned private investigator who is called in to probe the mysterious death of a model, was published to rave reviews in April.

The Sunday Times claimed it was investigating "how a first-time author with a background in the army and the civilian security industry could write such an assured debut novel" when it connected the dots. The paper said clues included the fact that Rowling and Galbraith shared the same agent and editor, and said the book's style and subject resembled Rowling's work.

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Cyber security

Private sector vulnerable: Records

Gaps in the cyber security of Canadian corporations could be leaving them open to attacks, records show.

"There are an increasing number of new software vulnerabilities that can be exploited to gain access to companies' networks," reads a July 2012 memo obtained under the Access to Information Act. "The scale of the problem is significant. The cost of maintaining a highly secure network is high for each company, and they may not be willing to make that investment."

THE CANADIAN PRESS

Hybrid fish. Researcher casting for anglers

Anglers in Saskatchewan are being asked to help reel in information about a hybrid fish.

Chris Somers, an ecologist at the University of Regina, is hoping that anyone looking for good fishing holes before an upcoming walleye tournament will bring him a specimen that could be a cross between a walleye and a sauger. It's known as a saugeye.

"What we are trying to do is to get a DNA-based approach up and running to detect hybrids reliably," said Somers.

What's not clear is how often the two species merge and what role the hybrids play in the fishery or in changing the ecology of fish.

Dan Faiman, of Fairview, Mont., holds a saugeye, a cross between a walleye and sauger. THE ASSOCIATED PRESS/THE N.D. GAME AND FISH DEPARTMENT

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SOMETHING WORTH BUZZING ABOUT

URBAN COMPASS

Colin Fast
winnipeg@metronews.ca

When charity rider Anas Cheema had his bike stolen in Winnipeg last week, it brought out the best and the worst in our city.

The best was the way Winnipeggers stepped forward to support this stranded visitor to our city. Thousands of dollars were donated to Cheema's effort to ride across the country in support of SOS Children's Village, a worldwide charity that provides care for orphaned children. People also made offers of food, shelter and replacement bikes. And thanks to attention from local media, Cheema was eventually given a new ride courtesy of bike manufacturer Cannondale and one of its local dealers.

Cheema was so impressed by Winnipeg's response that he posted to his Facebook page: "I have got Winnipeg's back now and I feel a special connection to this place."

To turn someone's opinion of our city completely around in just a couple of days is an impressive feat.

Less impressive was our city's pathological need to beat up on itself as a result of a common crime.

As soon as Cheema made his initial post to Facebook about his bike being stolen, it kicked off another round of civic self-flagellation, with buzz around town like:

"Well, of course his bike was stolen in Winnipeg."

"Welcome to Winnipeg, where we can't have nice things."

"That's just what Winnipeg is like; lock it down or you lose it."

You see the same self-loathing on display nearly every time a negative news story about Winnipeg hits the national media, or in the perverse sense of pride that some residents seem to have in the ridiculous "Murder Capital of Canada" label.

Look, I'm not denying we have a crime problem in this town. However, the "only in Winnipeg" attitude is simply not warranted in this case.

With all due respect to Mr. Cheema — who is doing a wonderful thing by riding across the country to raise money for a worthwhile charity — he's something of a co-author of his own misfortune.

He left a pricey bike unlocked and packed with gear — including his money and credit cards — outside of a fast-food restaurant at night. This is the cycling equivalent of leaving a loaded SUV with the engine running and the door wide open. It's a target that thieves can't refuse.

Do you think that bike wouldn't have been stolen in Calgary, Toronto, Montreal or any other major Canadian city? Of course it would have been. Heck, I wouldn't have left a bike like that unlocked in Altona, much less in Winnipeg. Even Cheema's own hometown of Victoria has experienced a 20 per cent spike in bike theft over the past several months, so perhaps he should have known better than to leave his only means of transportation unsecured. A common bike theft isn't the real news here. Instead, let's focus on the uncommonly charitable way that Winnipeg jumped into action to get Cheema back in the saddle.

ZOOM

Tidal wave is man-made

QUIRKY CHINA NEWS/REX FEATURES

Yellow Dragon roars again

Tourists watch as tidal waves of water are unleashed at 2,600 metres per second into the Xiaolangdi reservoir in Henan, China.

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The effect

390

The quantity, in millions of tonnes, of river-bed debris that has been cleared by this method over the past 13 years. The river now flows all the way to the sea, without stretches of desert. Millions depend on "Mother River." At 5,464 km, it's the second-longest river in Asia.

Pieces of the puzzle

"The key to bringing the river under control is to control its water and sand."

Chen Xiaojiang, director of the Yellow River Conservancy Commission of the Ministry of Water Resources

Vine

Since Vine became available on Android last month, the playing field for six-second, looped videos shot with your cellphone has essentially been levelled, which has, in turn, upped the quality of stop-motion and regular videos that create an optical illusion. These are the latest creators of some app-ealing vids that were also selected for the #WiredOpticalIllusion contest.

@savi10:
Guy Savioli has revolutionized the once-popular dancing-stick-man-on-a-notepad trick by turning it into an infinite falling stick man with the use of the looping software.

@lalo:
If you think it's impossible to turn a one-dollar bill into a two-dollar bill with one quick fold, then maybe you are the twit.

@YvesDas:
Based out of Belgium, this artist has perfected the stop-motion Vine video. Think Gumby, all growed up (and six seconds long).

@Pinotski:
Trust this man behind the lens for a nicely skewed version of reality. METRO

Letters

Today's weak labour market for youth is not only hurting young Canadians. It's also taking a financial toll on their middle-class parents.

There are still 200,000 fewer jobs for young Canadians than before the recession. According to TD Bank, young Canadians are not only losing out today, they also face lower wages for more than a decade as they try to catch up on missed work experience. A growing number of 20-somethings are now competing for unpaid internships in an attempt to get ahead.

While job prospects for young Canadians have deteriorated, the price of everything from tuition to rent and groceries has gone up. Yet student debt levels have remained relatively constant. So who is picking up the tab?

It's middle-class parents who are stepping in to financially support their adult children.

According to TD, more than half of baby-boom parents have continued to financially support their adult children, even after they leave school. Instead of listening to Canadians on this issue, the Harper Conservatives have cut the number of youth jobs in the Canada Summer Jobs Program by more than half, and frozen the skills training budget at 2008 levels without allowing for either inflation or population growth.

Scott Brison, Liberal finance critic

WE WANT TO HEAR FROM YOU: Send us your comments: winnipegletters@metronews.ca

metro

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Glee star Cory Monteith was found dead in a Vancouver hotel room on Saturday. THE CANADIAN PRESS

Remembering Monteith

United in grief.
Celebrities, fans send out condolences to Glee actor's family, police won't speculate on cause of death

Tributes from celebrities and fans of the popular television series Glee were pouring in on social media Sunday as those who admire Canadian actor Cory Monteith learned of his sudden death.

The 31-year-old actor, who shot to fame as football player and singer Finn Hudson on the popular television series, was found dead at a downtown Vancouver hotel room on Saturday.

Police told reporters the cause of death still must be determined, but investigators do not believe foul play was involved.

Once news broke of Monteith's death, fellow celebrities and Glee cast members took to Twitter to express their condolences.

Dot-Marie Jones, who plays Coach Shannon Beiste, wrote, "I am blessed to have worked with him and love him so much. My heart is with his family and our whole Glee family. I love you all."

And Lauren Potter, who plays cheerleader Becky Jackson said, "I am totally heartbroken right now. I love Cory so much this hurts my heart. I hope my Glee family is OK right now. I love them all. Cory was always so nice to me. I have so many good memories."

Monteith's co-star and girlfriend Lea Michele, who plays Finn's girlfriend on-screen, has issued a brief statement, requesting privacy.

Fans from B.C., where Monteith grew up, also mourned the death of the local celebrity.

"When I first saw Glee, I was ecstatic for Cory. A local boy and a great guy. My thoughts to his family and friends. He will be remembered," wrote Vancouver actor Osric Chau.

The executive producers of Glee and Fox also issued a statement on Saturday night, saying, "We are deeply saddened by this tragic news. Cory was an exceptional talent and an even more exceptional person. He was a true joy to work with and we will all miss him tremendously. Our thoughts and prayers are with his family and loved ones."

Acting Vancouver Police Chief Doug LePard told reporters on Saturday that Monteith's body was found around noon after he failed to check out from his room as scheduled. LePard said the actor had been with some other people in the room the night before, but video and electronic records show that Monteith entered the room by himself on Saturday morning.

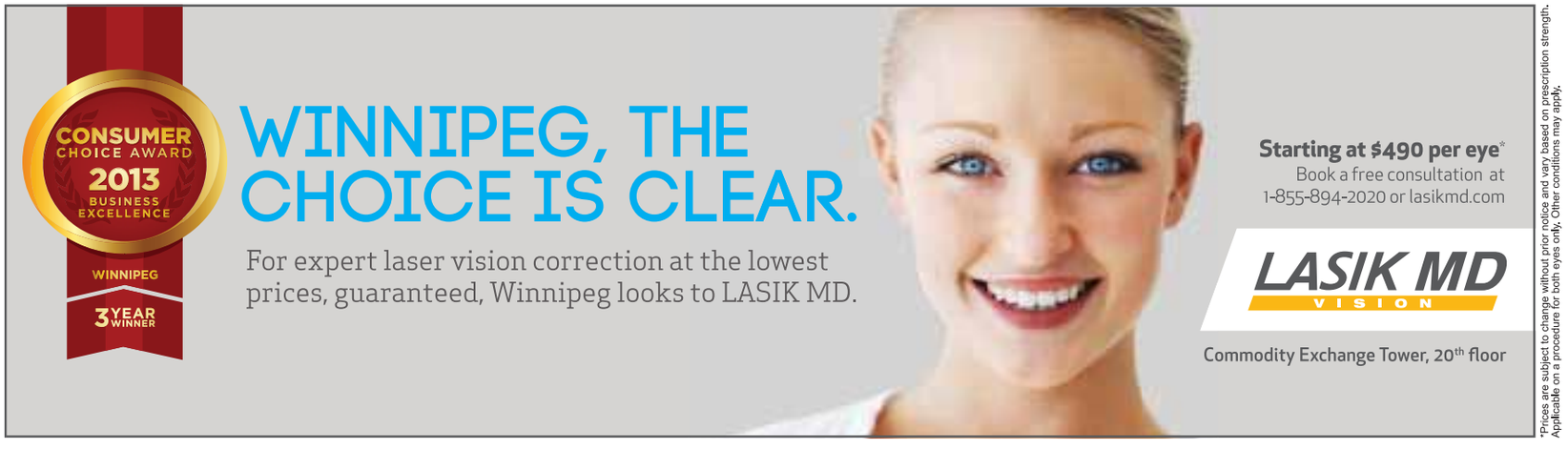
His death comes several months after he told People magazine that he had admitted himself into rehab for substance abuse, but police declined to speculate whether there was any connection.

Monteith, who has been open about having suffered from drug addiction when he was younger, was born in Calgary and raised in Victoria, where his mother still lives.

THE CANADIAN PRESS

Peripatetic Monteith

Before becoming an actor, Monteith worked as a Walmart people greeter in Nanaimo, B.C., as well as a taxicab driver, school bus driver and roofer. He had minor roles in other films before joining the cast of Glee, which debuted in 2009. He also was drummer for the California-based band Bonnie Dune, and was an avid supporter of the Project Limelight Society, a Vancouver charity that offers a theatre program to at-risk youth.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Justin Bieber. ALL PHOTOS GETTY IMAGES

Bieber continues ruining lives of others ... or something like that

Trouble continues to dog Justin Bieber as he makes his way across the U.S. for his summer tour, though this time it's not the 19-year-old singer who's in trouble.

Last week, Bieber took a post-concert trip to a Chicago nightclub that resulted in the club being cited for letting him in, according to an E! News report.

Bodi Chicago was issued a citation for "admitting and knowingly having underage persons in the establishment," according to a spokesperson for the Chicago Department of Business Affairs and Consumer Protection.

She's going from straight A's to getting her first F.
The To Do List
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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Divorce, arrests and bombings

STARGAZING
Malene Arpe
scene@metronews.ca

This week in diva suffering: 1) **Mariah Carey** dislocates her shoulder while shooting a video 2) Fans are upset that Madame Tussauds' **Adele** figure is too thin. 3) A reportedly inebriated **Rihanna** is escorted by security from a Polish music festival. 4) **Lauryn Hill** goes to prison to serve time for tax evasion. 5) **Lady Gaga's** new diet reportedly causes massive flatulence. 6) Ha-ha-ha-ha-ha.

• A dancer and student with the Winnipeg Ballet is dismissed after it's discovered he made gay porn. The administrators at the ballet were particularly upset over his work in Man Lake and Sleeping Barry.

• **Nigella Lawson's** husband files for divorce because he's annoyed she didn't come to his defense after he choked her in public. I don't blame him. It's just like that time when I stole my friend's car and then, when I accidentally ran him over, he wouldn't testify on my behalf.

• **George Clooney and Stacy Keibler** finally split. She wanted marriage and kids and a raise and he needed space and enough time to find someone new for awards season.

• A man is arrested at a **Taylor Swift** concert after posting threats on Facebook and because he carried a sign that read, "Taylor Swift is with Satan." Police said they take all threats seriously and, besides, "He's a liar. Everyone knows Satan prefers Selena Gomez."

• The Lone Rider bombs at the box office. That's too bad. We were all looking forward to **Johnny Depp** wearing an entire ostrich in the sequel.

Hugh Jackman.

Getting into Wolverine shape

Hugh Jackman admits he isn't afraid of stealing workout techniques from other actors — like Dwayne "The Rock" Johnson — if it means getting into tip top Wolverine shape.

"I know Dwayne and I rang him and said, 'Buddy, I saw you in the Tooth Fairy, and then I saw you in an action movie and you are massive. How do you do it?'" Jackman tells E! News. "Right as he's telling me the whole diet, someone knocked on his trailer door — and I'll never forget this moment. He goes, 'Hold on a second! I'm talking to Wolverine. You can tell them I said they can wait.'"

Elizabeth Banks.

Banks has a love for ladies

Elizabeth Banks is no stranger to locking lips with other women — and, she tells the Advocate, her two onscreen instances of same-sex smooching weren't her first.

"I've definitely made out with a few girls in my time," she tells the magazine, describing kissing a woman as "a little softer" than kissing a man. "It is nice not to have to worry about razor burn," she admits.

Look awkward, be safe

Faux tattoos help identify allergies

Just when you thought childhood awkwardness couldn't get any more … awkward, there's always something to take it to the next level.

This time around it's SafetyTats. The premise of the invention is to identify children's allergies or other vital information through temporary tattoos that can be applied anywhere on the body.

There are two different types of SafetyTats. The original ones, which are applied like regular temporary tattoos, come with standard allergy messages (such as "food allergy: nuts") and quick stick write-ons, which come in various neon colors, apply similar to a Band-Aid and allow users to write custom allergy messages.

"I remember going to an amusement park one weekend with my three kids and thinking 'I don't want to have to worry about them getting lost,'" said SafetyTats creator Michele Welsh. "I wrote my cellphone number on their arms with a ball point pen but eventually it rubbed off during the day and that's when I knew that I had to create something else."

The original safety tats last approximately three to five days depending on the activeness of the child. The quick stick write-ons last up to two weeks and are waterproof. COURTNEY M. FOWLER, METRO WORLD NEWS IN NYC

Exclusively Online

Reasons Mommy Drinks? This week, it's the local park's wading pool a.k.a. giant vat of pee. Read this and more hilarious mommy tales at metronews.ca/voices.

A boys with dustpans, girls on lawn mowers revolution

Gender roles. Our expert weighs in on a study that says siblings can have a large impact on gender stereotyping

IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

"Men with sisters appear to do less housework, even in middle age." A provocative and, I think, curious statement to make.

Yet, according to a paper published in the Journal of Politics, decades of data have led to this conclusion. The data suggest siblings can have as large an impact on gender stereotyping as parents can when running a home.

The report goes as far as to say that the roles of brother and sister can resemble those of husband and wife. (Frankly, the only way my kids resemble a husband and wife is in a Bickersons arguing sort of way.)

How to prevent this from happening in our own home? I'm thinking maybe we could start with the philosophy of "It's only work if you're not having fun." I say this, as due to my excellent parenting skills, (or admittedly by some strange fluke), I happen to have tricked my youngest son, 11, into thinking that housework is fun.

He routinely mops the kitchen floor, vacuums, and sprays glass cleaner on glass cleanable surfaces with wild abandon. He requested, and received, his very own toilet brush, that he also uses with surprising frequency. He does all of this ... for fun. In fact, the day that school ended he asked if he could mop as a sort of "welcome to summer holidays treat." I magnanimously let him.

He does have siblings (a brother and two sisters), none of whom would even pick up a duster unless it were on fire, and probably not even then unless I threatened to take their phones away.

Maybe the fact that there is another brother in the house counteracts the unintentional yet subliminal boy versus girl housecleaning message. Whatever the case, the theory doesn't seem to hold water in my house.

But if that's what the research shows for other families, maybe on the whole we need to do something about this, mostly to save our daughters, and our son's future partners from having to pick up the slack, and the dirty clothes, thanks to our own procreation of boys.

The study tells us that our kids are watching us — how we divvy up the chores we do as adults and how we assign chores to our children.

Does your daughter mow the lawn? Does your son set the table? Do you have "boy jobs" and "girl jobs" in your house? Take some time to mix it up this week. Unfortunately I can't lend my own son out, as the floors need cleaning at my house. KATHY'S NEW BOOK I AM SO THE BOSS OF YOU: AN 8 STEP GUIDE TO GIVING YOUR FAMILY THE BUSINESS IS AVAILABLE AT BOOKSTORES EVERYWHERE. FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH

According to one report, men with sisters appear to do less housework, even as they grow up. ISTOCK

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A picnic just isn't a picnic without Greek Pasta Salad

KAREN HUMPHREY
YummyMummyClub.ca

This salad is packed with vegetables and lightly kissed with a home made balsamic dressing so it's light and fresh.

Ingredients

- 2 cups bow tie pasta
- 1 cup halved grape tomatoes
- 1/4 cup thinly sliced red onion
- 1 cup chopped cucumber
- 1/2 sweet yellow pepper, seeded and chopped
- 1/2 sweet red pepper, seeded and chopped
- 4 oz feta cheese, crumbled
- 1/4 cup black olives, sliced
- 2 tbsp chopped fresh dill

Dressing

- 3 tsp balsamic vinegar
- 2 tbsp olive oil
- 1/4 tsp honey
- salt and pepper
- squirt mustard

This recipe serves four. KAREN HUMPHREY OF YUMMYMUMMYCLUB.CA

1. In pot of boiling salted water, cook pasta according to package directions. Drain and rinse with cool water. Set aside.

2. Toss pasta with tomatoes, onion, cucumber, peppers, feta, olives, and dill.

3. Measure dressing ingredients in a mason jar. Screw on lid and shake until everything is well mixed together. Drizzle over pasta and toss. You don't have to use all the dressing. Add salt and pepper to taste. Serve right away or chill for about an hour before serving. **YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP WOMEN SURVIVE MOTHERHOOD.**

Healthy eating

Choose it and lose it

ROSE REISMAN
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What says summer more than wings and beer on a patio? Not a whole lot. But be prepared for a lot of calories, fat and sodium if you sip and bite into the wrong choices.

Equivalent

Four pints of beer and 15 breaded Pizza Hut wings with honey barbecue sauce are equal in calories to four whole Swiss Chalet chickens.

4 pints beer, 15 breaded Pizza Hut wings with honey barbecue sauce

2,540 calories / 90 g fat / 4,280 mg sodium

It will cost you more than a day's worth of calories and fat, and three days' worth of sodium!

2 pints light beer, 15 traditional Pizza Hut wings with garlic Parmesan sauce

850 calories / 39 g fat / 2,150 mg sodium

These wings are baked, not fried.

Meat mingles with fruit

1. Heat the grill to medium. Heat the oven to 400 F.

2. While grill and oven heat, in blender combine half feta, lemon juice, buttermilk and olive oil. Blend until smooth. Season with pepper, then stir in remaining feta. Set aside.

3. Split each pita pocket into 2 rounds. Spray rough sides lightly with cooking spray, then sprinkle with salt. Cut each round into 8 triangles. On rimmed baking sheet arrange triangles in single layer. Bake on middle shelf of oven until golden and crisp, about 8 minutes. Set aside to cool.

Ingredients

- 4 oz feta cheese, crumbled
- 1 tbsp lemon juice
- 1/3 cup buttermilk
- 1 tbsp extra-virgin olive oil
- Ground black pepper
- Two 6-inch whole-wheat pita pockets
- Olive oil cooking spray
- Kosher salt
- 1-lb pork tenderloin, trimmed
- 3 cups arugula
- 1/2 cup thinly sliced red onion
- 1/2 cup each fresh mint leaves and cilantro leaves
- 2 cups cubed and seeded watermelon
- 1 cup cubed seedless cucumber

This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

4. Spray pork with olive oil spray, season with salt and pepper. Grill directly over heat, turning it a quarter turn at a time, until thermometer inserted at thickest part registers 145 F for medium, about 6 minutes per side. Transfer to plate, cover it loosely with foil and let it rest for 10 minutes.

5. In bowl, combine arugula, onion, mint, cilantro, watermelon and cucumber. Add pork juices from resting pork to the feta dressing, whisking to incorporate. Place mound of the salad on 4 plates. Slice pork crosswise into rounds 1/2 inch thick and arrange quarter of the slices on top of each mound of salad. Drizzle dressing on top of pork then divide pita croutons between plates. **THE ASSOCIATED PRESS/ SARA MOULTON, AUTHOR OF SARA MOULTON'S EVERYDAY FAMILY DINNER.**

Puff, the magic productivity-killer

Cough up the coin.
The cost of smoking doesn't end with the ever-increasing price of a pack of cigarettes

COURTNEY M. FOWLER
Metro World News

In a world where time is money, smoke breaks can quickly add up. ISTOCK

No matter how you look at it, smoking is expensive — beyond the actual pack of smokes, treatment expenses and health care for smokers often break the bank.

A new study from Ohio State University shows another way that smoking has become a burden: through those little bits of time smokers use to light up.

According to the June study, employing smokers will cost employers upward of $5,800 per smoker, per year. The costs due to loss of productivity because of periodic smoke breaks is more than $3,000 per smoker, per year. Attorney Gregg Salka, of the law firm Fisher & Phillip, represents employers who are concerned that employing smokers is bad for business.

As a representative for the employers, what are your biggest concerns about employing smokers?

Employers that have employees who take breaks in increments of five to 20 minutes throughout the day; if those employees are hourly, they need to be compensated. So I'm assuming that would decrease productivity just as someone who's browsing Amazon or posting on Facebook.

Is there anything else you'd like people to know about smoking and work-place productivity?

I think (employers) should really treat all their employees the same, regardless of whether they're smokers or non-smokers or Facebookers or non-Facebookers. An individual who is taking a break away from working time for whatever reason should be treated and disciplined the same.

Solutions?

What are some of the direct actions employers are planning to take with regard to the costliness of accommodating smokers and their breaks?

- "The best bet for employers is probably to institute some sort of a wellness program to reduce the overall likelihood that individuals will continue to smoke," says attorney Gregg Salka.
- "Your costs will go down because your employees will be healthier, and they'll presumably be smoking less and working more. There are also subsidies that are available under the Affordable Care Act (in the U.S.) in certain situations for employers that implement such wellness programs, so that's another way to recoup some of the costs that are associated with smoking issues."

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The Orioles' Chris Davis follows through on his 37th home run of the season against the Blue Jays on Sunday in Baltimore. GAIL BURTON/THE ASSOCIATED PRESS

Big bird ruffles Blue Jays' feathers

MLB. Davis helps Orioles win series over division rival, rolling into all-star break with 37 round-trippers

On Sunday

Orioles	Blue Jays
7	4

With one final power surge before the all-star break, Chris Davis earned himself a place in baseball's record book and generated momentum for the Home Run Derby.

Davis hit his 37th home run to tie the AL mark prior to the break, and the Baltimore Orioles cruised past the Toronto Blue Jays 7-4 Sunday.

Davis doubled in two runs in the first inning and hit a two-run homer in the third to give him 93 RBIs, second-most in the majors behind Detroit's Miguel Cabrera. He and Cabrera are the only players in major-league history to have 30 homers and 90 RBIs before the all-star game.

"Superhuman," Toronto manager John Gibbons said. "He's having some kind of year. I saw him a little bit when he was in Texas coming up. He could always hit home runs. He got his opportunity here to play every day and he's taken advantage of it. It's pretty impressive."

By going deep in a fourth straight game, Davis equalled Reggie Jackson's AL mark of 37 homers before the break, set in 1969. The major-league record is 39, by Barry Bonds in 2001.

Davis has already reached career highs in home runs and RBIs with 66 games left in the regular season.

"I think it's something definitely to be proud of," Davis said. "It means I've been doing my job, but it also speaks volumes about the guys in front of me getting on base and really swinging the bats well."

Davis has been facing a shift lately, but there's no defending a ball that clears the wall.

"You can't shift to the stands," Orioles manager Buck Showalter said. "They don't allow you to put anybody out there. So hit it where the grass doesn't grow."

THE ASSOCIATED PRESS

MLB

Verlander's no-hit bid falls short

Justin Verlander's no-hit bid was finally over in the seventh inning — and before refocusing, the Detroit ace saw his shortstop do something amusing.

"When the double was hit, and the ball came back in, everybody started cheering," Verlander said. "(Jhonny) Peralta caught the ball and looked up at the board checking the hits. That's when I knew he didn't know. I was like, 'Come on, Jhonny.'"

Verlander fell seven outs short of his third career no-hitter, but the Detroit ace looked sharp in his final start before the all-star break to lead the Tigers to a 5-0 victory over the Texas Rangers on Sunday.

Mitch Moreland's two-out double to right-centre broke up Verlander's bid. Verlander (10-6) left the game after the seventh with a tight right quad muscle, having allowed just that one hit and three walks. THE ASSOCIATED PRESS

Tour de France

Froome takes off to win 15th stage

British rider Chris Froome showed why he remains the overwhelming Tour de France favourite by winning Sunday's gruelling 15th stage up to Mont Ventoux to extend his lead over main rival Alberto Contador.

Froome's acceleration about two-thirds of the way up the 21-kilometre course was too much for two-time former champion Contador. The Spaniard dropped back and finished about one minute 40 seconds behind.

THE ASSOCIATED PRESS

Track-and-field. Jamaican sprinters test positive for banned stimulants

Former 100-metre world-record holder Asafa Powell and Jamaican teammate Sherone Simpson have each tested positive for banned stimulants, their agent told The Associated Press.

Powell and Simpson tested positive for the stimulant oxilofrine at the Jamaican championships last month and were just recently notified, Paul Doyle said Sunday.

Powell helped the Jamaicans to the 400-metre relay gold medal at the 2008 Olympics and was the last man to hold the individual 100 record before countryman Usain Bolt broke it earlier that year.

Simpson won Olympic gold in the women's 400 relay in 2004 and silver in 2012, along with an individual silver in the 100 in 2008.

THE ASSOCIATED PRESS

Tyson Gay

American track star's test yields banned substance

American 100-metre record holder Tyson Gay, who had promoted himself as a clean athlete, tested positive for a banned substance and said he will pull out of the world championships next month in Moscow.

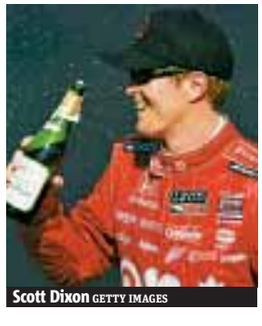
He said he will have his "B" sample tested soon, possibly as early as this week. THE ASSOCIATED PRESS

IndyCar. Dixon comes out on top in Toronto's streets

Scott Dixon swept the doubleheader at the Honda Indy Toronto after leading from pole to finish Sunday for his third straight victory.

After winning Saturday, he was even better in the finale with a dominant performance on the 85-lap, 1.75-mile street course at Exhibition Place, finishing ahead of second-place Helio Castroneves and Sebastien Bourdais in third.

THE CANADIAN PRESS



Scott Dixon GETTY IMAGES

Horoscopes

♈ Aries
March 21 - April 20
You may not be a peacemaker by nature but you can help defuse an explosive situation by standing between the warring parties and insisting that they cool down.

♉ Taurus
April 21 - May 21
The only danger this week is that you might give up on something before you have really started. However difficult the task ahead of you may look it is not impossible and failure is not a foregone conclusion.

♊ Gemini
May 22 - June 21
You may sometimes act as if you don't care about what's going on in the world but you do and over the next few days you will find ways to make a difference.

♋ Cancer
June 22 - July 23
Listen to your head by all means today but let your heart have the last word. Your emotions run deep and someone is about ignite your passions in a way they have not been ignited for quite some time.

♌ Leo
July 24 - Aug. 23
As it's the first day of a new week why not put your troubles behind you completely? Is that actually possible? Of course it is. Your reality is a reflection of what goes on in your mind.

♍ Virgo
Aug. 24 - Sept. 23
Whatever you are working on you can and you will make a success of it, even if you make a few mistakes in the short-term. It's no big deal.

♎ Libra
Sept. 24 - Oct. 23
You have been through a stressful time of late, so wind down a bit and find ways to have fun without pushing yourself too hard physically or emotionally. Be kind to yourself today, and every day.

♏ Scorpio
Oct. 24 - Nov. 22
You deserve the best and you will get the best but it may not arrive quite as quickly as you expected. That's okay. The longer you have to wait the better the taste of success will be.

♐ Sagittarius
Nov. 23 - Dec. 21
What worried you yesterday is not what will worry you today and what worries you today won't be what worries you tomorrow. Which begs the question: why worry at all?

♑ Capricorn
Dec. 22 - Jan. 20
Don't just assume that someone knows how much you care for them: spell it out so there can be no misunderstandings. Capricorn may have a reputation as being a bit of a cold fish but it's not true. You're really all heart.

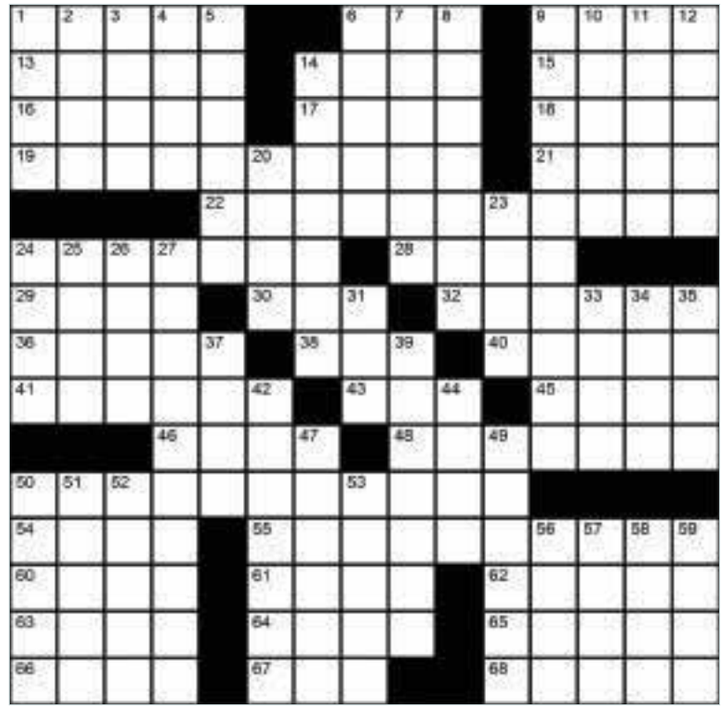
♒ Aquarius
Jan. 21 - Feb. 19
You may be behind in your schedule and you may be worrying how you can catch up but is there really any point? You know from experience that it will all work out in the end.

♓ Pisces
Feb. 20 - March 20
It will pay you to be a bit more forgiving of people who have let you down or who do not come up to your exacting standards. **SALLY BROMPTON**

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

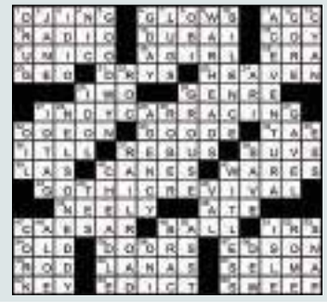
BY KELLY ANN BUCHANAN



Across
1. Beach 'hermits'
6. Li'l food†additive
9. Mr. Belushi's
13. Pale purple
14. Remorseful person
15. Miss _ __ (Don't appear on stage on time)
16. Ancient Greece marketplace
17. Feminizing suffix
18. Donny of "Happy Days"
19. Huge pool park's fun chute
21. Put a sock __: 2 wds.
22. "The ___ Canada", on CTV starting tonight
24. "Curious" band from New Glasgow, NS
28. Pianist, Peter __
29. Stead
30. Emerald
32. Actress Ms. Welch
36. Rectify
38. T, in Morse
40. Many
41. __ bliss
43. Romanian currency
45. Some small batteries
46. Ancient's "Awesome!"
48. Versus
50. Prehistoric rock carvings, as per __ Provincial Park in ON
54. Chopped
55. Rapper from Enfield, NS
60. Calif. campus
61. Habilis or Sapiens
62. Like crafts
63. Peddle
64. "Out __ __?"
65. Quebec's __ Peninsula
66. Besides that
67. Pallid
68. Go __ __... (Be repetitive)

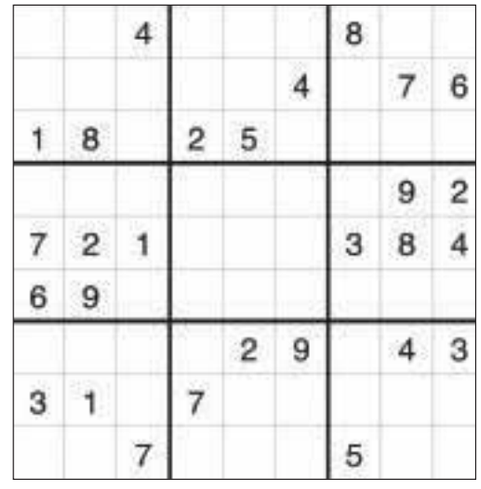
Down
1. Cat's clutcher
2. Latvia's capital
3. Quite often: 2 wds.
4. Unadorned
5. Ancient Egypt's sacred beetle
6. "Malcolm in the Middle" star Frankie
7. Songbook standard: "__ the Clowns": 2 wds.
8. Like a more lush-looking lawn
9. "Virtual Insanity" band
10. "I Love It": Hit for Swedish pop duo __ Pop
11. Radio fare
12. Seven, in Sicily
14. Not uptight
20. City's cloudiness
23. 'Tele' suffix
24. Restaurant side order
25. I like = J'__
26. INXS hit: "What You __"
27. Premier of Newfoundland and Labrador, Kathy __
31. Prefix that means 'Bad'
33. __ Bator (Capital of Mongolia)
34. 7th Greek letters
35. Grocery-shopping reminder
37. Early-'80s group
39. Generously piles the food to the plate: 2 wds.
42. Purina product: 2 wds.
44. Cousins of 'yucks'
47. UNESCO World Heritage Site in India, __ Caves
49. Certain cheese
50. Hesitate
51. Gum brand
52. Recites
53. "American Idol" Season 5 alum, Elliott __
56. "The Nanny" star Ms. Drescher
57. "__ _ miracle!"
58. "SportsCenter" station
59. Bottled hair, like it

Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Friday's Sudoku

Weather

TODAY	TUESDAY	WEDNESDAY
MAX: 28° MIN: 17°	MAX: 28° MIN: 14°	MAX: 27° MIN: 18°

BT BREAKFAST TELEVISION

JENNA KHAN
WEATHER SPECIALIST
"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6 AM**

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